



**USATF Southeast Region, South Carolina, Georgia & North
Carolina Associations Junior, Open & Masters
1-Hour Racewalk Championship**

SUNDAY, October 22, 2017

FURMAN UNIVERSITY IRWIN BELK TRACK COMPLEX

3300 Poinsett Highway, Greenville, SC 29613

NOTE: Competitors and Volunteers are advised to access the Furman Campus from the 2nd entrance off Duncan Chapel Rd. and park in the gravel lot at the SE end of the track.

SPONSORED BY: Warrior Track Club

HOSTED BY: Caminata US Training and Racewalk Development Centre

SPECIAL THANKS TO: Furman University

USATF Championship Sanctioned Race



SCHEDULE OF EVENTS:

9:00 am - RACEWALK & JUDGING CLINIC: USATF Director of Racewalk Coaching Development and USATF Certified Racewalk Judge Ian Whatley, will hold a **FREE Racewalk Clinic** on the track before the race.

10:00 am - USATF Sanctioned 1-HOUR JUNIOR/OPEN/MASTERS RACEWALK: In a 1-Hour race, racewalkers try to complete as many laps possible in one hour. Lap counters log the number of laps each person completes and an official measures the remaining fraction of the last lap for a final total. **(The race will be judged in accordance with USATF Racewalk Rules.)**

1-HOUR POSTAL: Entry forms for the 2017 1-Hour Postal will be available at the race and will be submitted to Shore AC as a group by the Race Director. The \$5 entry fee for the Postal is included in the entry fee.

AWARDS: Individual awards for the first three (3) places in each age group-Junior, Open and Masters.

ENTRY FEE: \$25.00 RACE DAY ENTRY - \$30.00

FACILITIES: *The Furman University track* is a synthetic surface. The track location and parking can be found on Furman's Campus Map <http://www.furman.edu/campusmap/>.

VOLUNTEERS NEEDED: Lap counters and aid workers needed. Please bringing a friend to help.

REGISTRATION & PACKET PICK-UP: Please register in advance and/or notify the Race Director of your intent to race by 10/19/2017. Race day entries will be charged an addition \$5. **PACKET PICK-UP** is on race day from 8:30 a.m. to 9:30 a.m. All contestants must report to the start line 15 minutes before their start time.

For more information contact Race Director Susan Heiser - Email: heiserwhatley@gmail.com or 864/879-6682

Mail Registration and Make Checks Payable To: Susan Heiser 690 E Suber Road Greer, SC 29650

PLEASE PRINT CLEARLY

REGISTRATION -- SE Region SC/GA/NC Association 1-Hour RW 10/22/2017

Waiver Required

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ E-mail: _____

Gender: M ___ F ___ Age as of Race Day: _____ Birth Date: ___/___/___

USATF Membership # _____ Association _____

Entry: 1-Hour _____ (\$25) Race Day Entry _____ (\$5)

I can bring Volunteer(s) - Name & Contact Info: _____

Athlete Signature Required (if under 18, Parent's Signature Required)

Emergency Contact _____ Phone Number _____

PARTICIPANT WAIVER AND RELEASE OF LIABILITY — —SE Region & SC/GA/NC 1 Hour RW

For and in consideration of USA Track & Field, Inc. (“USA Track & Field”) allowing me, the undersigned, to participate in the USA Track & Field sanctioned event described above (the “Event” or “Events”); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the “Agreement”);

1. I hereby represent that (i) I am at least eighteen (18) years of age (or this Agreement is agreed to by my parent, natural guardian, or legal guardian (the “Guardian”)); (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well-being at all times and under all circumstances while at the Event site.

2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person’s physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sport of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers (“Risks”). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event.

3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competition Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.

4. I hereby release, waive and covenant not to sue, and further agree to indemnify, defend and hold harmless the following parties: USA Track & Field, Inc., its members, clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the event directors, the host organization and the facility, venue and property owners or operators upon which the Event takes place; and any other organizers, promoters, sponsors, advertisers, coaches and officials for this Event; law enforcement agencies and other public entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and collectively, the “Released Parties” or “Event Organizers”), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and attorneys’ fees) of any kind or nature (“Liability”) which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

5. As a condition of my participation in the Event, I hereby grant USA Track & Field, Inc., the event director and host organization a limited license to use my name, likeness, image, photograph, voice, video, athletic performance, biographical and other information (collectively, “Likeness”), in any media platform or format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the Event, USATF, or the sport of Athletics. The foregoing grant, however, does not constitute consent for USATF or any third party to use my Likeness in an endorsement of any product or service without my specific written consent.

I hereby warrant that I (or the Guardian, if I am under the age of 18) am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

If the participant is under the age of 18, the Guardian hereby agrees to release and discharge the Released Parties as follows: a) The Guardian acknowledges and understands that the Event is inherently dangerous and represents an extreme test of a person’s physical and mental limits. Further, the Guardian acknowledges and understands the Risks, as defined above. b) The Guardian acknowledges the rights waived by both the Guardian and the participant by accepting this Agreement. c) The Guardian acknowledges that the Guardian will indemnify the Released Parties from any and all Liability which may arise out of, result from, or relate in any way to the participant’s participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

Name: _____

Signature: _____ Date: _____

Parent/guardian signature if under 18: _____ Date: _____