



2022 USATF Region 4 Junior Olympic Track & Field Championships

Thursday - Sunday, July 07-10, 2022



Winthrop University
1162 Eden Terrace
Rock Hill, SC 29730

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions

8 & under (born 2014 +)
9 - 10 (born 2012-2013)
11 - 12 (born 2010-2011)
13 - 14 (born 2008-2009)
15 - 16 (born 2006-2007)
17 - 18 (born 2004-2005)
* athletes born in 2003 are also eligible if they do not turn 19 on or before 7/31/2022



Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & Under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2022 members of USATF in good standing.

Relay Teams: Only registered 2022 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit www.usatf.org/membership.

ENTRY PROCESS:

ONLY ONLINE ENTRIES WILL BE ACCEPTED.

Individual Entries: **\$9** per event
Relay Entries: **\$36** per relay team
Decathlon/Heptathlon: **\$22** per event
Triathlon/Pentathlon: **\$17** per event

REGISTRATION: Club Administrators and Unattached Athletes should register online at <https://www.athletic.net/TrackAndField/meet/450804/register> by **07/02/2022** at **11:59pm**. **Late entries will not be allowed.** Online registration opens **06/19/2022**. **Fees must be paid online by the close of registration.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting, <http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx>.

MEMBERSHIP: Valid 2022 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the membership is current and date of birth is verified in the USATF Connect system.

USATF memberships may be obtained at: <https://www.usatf.org/home/top-utility-nav-content/membership>.

For membership questions and issues, contact your Association's Membership Chair:

Florida Membership Chair
Tia Peoples
membership@florida.usatf.org

Georgia Membership Chair
Monica Ross
membership@georgia.usatf.org

South Carolina Membership Chair
Joyce Welch
membership@southcarolina.usatf.org

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WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

RULE 300(h) WAIVER TO COMPETE IN ASSOCIATION OF NON-RESIDENCE: The application for a rule 300(h) waiver can be found on-line at <https://usatf.wufoo.com/forms/youth-member-rule-300-h-waiver/>. The waiver application process may take up to 30 day to complete.

All Athletes who require a waiver to the National meet due to ACT/SAT Testing or official business that will prevent them from Regional competition, must notify the Region 4 Chair in writing prior to the Association meet. All athletes requiring a waiver must be entered in, and pay entry fees for, the events in which they wish to advance. **ATHLETES MUST BE ENTERED IN THE FIRST ROUND OF COMPETITION IN ORDER TO ADVANCE UNDER ANY CIRCUMSTANCES.**

AWARDS: USATF Junior Olympic medals will be awarded to the top five (5) individuals and the top five (5) relay teams in each event of each age division.

ADVANCEMENTS: The top 5 athletes and the top 5 relay teams at the Region 4 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify, in each event of each age division.

The National Junior Olympic Championships will be held from Monday, July 25th to Sunday, July 31st in Sacramento, CA. The top 5 athletes at the Region 4 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. Information is available at: <http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

USATF Region 4 JO SCHEDULE: Please visit the USATF South Carolina Association website (<http://usatfsc.org>) for the latest schedule.

IMPLEMENT WEIGH-IN: All must be weighed in at the implements designated Implement Weigh In area (located behind the main stands of the track) at least one and a half hours before the start of the field event. Implement check-in will be open Thursday-Sunday 7am until end of meet day. Please have your implements checked early. There are no facilities for overnight implement storage. All athletes that check-in an implement are required to check it out at the field event venue following competition completion. Implements not checked-in will not be allowed to be used. **Using an implement that has not been checked-in is grounds for immediate disqualification.**

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in. Calls may or may not be made. If an athlete is in both a field and a track event, he/she must check in at both events, then request to be excused to participate in the running event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. HJ and Pole Vault competitors may opt for the front of the singlet. If an athlete loses the bib number, a replacement can be purchased for a fee of \$5.00. Replacement bib numbers will be distributed to athletes.

Bib numbers will be distributed to designated team coaches (or unattached athletes) at packet pickup, adjacent to ticketing, at the host venue:

Irwin Track and Field Complex, Winthrop University, 1162 Eden Terrace, Rock, Hill, SC 29730

- **Wed, July 06 : 2pm – 6pm**
- **Competition Days (Thu July 07 – Sun July 10) : 7 am to conclusion of meet day**

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EVENT RESULTS: During competition, event results will be posted (behind the main stands). In addition, event results will be posted at (athletic.net and usatfsc.org). Live results will be on: <http://www.mitchelltiming.com/>.

PROTESTS: There will be a **\$75** fee for all protests. Protests must be submitted to the Protest Table (at Implement Check-In) at once and not later than 30 minutes after a result has been posted. All protest fees must be paid either in cash or by check. The protest fee will be refunded if the protest is upheld.

GATE ADMISSION FEES (per person) *

<u>Ticket Type</u>	<u>Youth (6-12)</u>	<u>General Entry (13-61)</u>	<u>Seniors (62+)</u>
Single Day	\$ 5.00	\$10.00	\$ 7.00
2-day Pass	\$10.00	\$18.00	\$13.00
Full Meet Pass	\$15.00	\$23.00	\$19.00

* Children under 5 are free. Coaches on the USATF Coaches Registry, and all coaches and volunteers on the USATF Youth Background cleared list can enter free of charge.

RULES – COMPETITION : This is a USATF event. [2022 USATF Competition Rules](#) will apply, particularly the **Youth Rules (Rule 300-303, Rule 306)**.

- All distances and heights will be measure in meters, rounded to the lowest centimeter.
- In Field Events, all competitors in all flights will receive three trials (attempts). Athletes with the top 9 performances across all flights will advance to the finals. These top 9 athletes will be reordered from lesser performance to greater performance, and receive 3 additional attempts (trials).
- Per Rule 302.5, and beginning in 2021, all privately owned implements are now exempt from loss of identity, meaning there is no common usage. No athlete may use another athlete's privately owned implement without that athlete's express consent.
- Not more than two implements may be submitted by a competitor for any throwing event. (Rule 187.5)
- **Using an implement that is not checked-in is strictly prohibited. Using an implement that has not been checked-in is grounds for immediate disqualification.**

RULES – CONDUCT & FACILITY: Please respect the flagged areas and signs for no tents allowed. **Tents will not be allowed in the stands.** Umbrellas not larger than a golf umbrella (62") are permitted in the stands. **Only flats or 1/4 inch pyramid spikes allowed for all events at the facility.** **NOTE:** Please respect Meet officials as they do their job. If a meet official is yelled at or otherwise treated disrespectfully, the offender may be asked to leave the facility. Some 2022 USATF Competition Rule changes may affect this meet. Please check the USATF website at <https://www.usatf.org/governance/rule-books> for complete rules.

- Smoking and/or the use of tobacco products in the gated area of the complex is PROHIBITED.
- Alcoholic beverages are PROHIBITED in the complex or parking lots.
- The use of "vaping" devices is prohibited in the gated area of the complex is PROHIBITED.
- Personal coolers or outside food or beverages are PROHIBITED inside gated area.
- Glass containers are PROHIBITED.
- Grilling, or any open fires, is PROHIBITED.
- Littering is PROHIBITED.
- Pets are PROHIBITED inside gated areas and playing fields.
- Food, gum and sunflower seeds are PROHIBITED inside gated area.
- Profanity within the gated area is PROHIBITED.
- Bicycles, skateboards, roller blades or scooters are PROHIBITED in gated areas.
- Climbing on fences, bleachers, trees or railings is PROHIBITED.
- Throwing or hitting balls of any kind into the fences is PROHIBITED.
- Hitting golf balls is PROHIBITED inside the complex.
- Driving stakes into the field is PROHIBITED.
- Weapons are PROHIBITED on the property.
- Trespassing after hours is PROHIBITED.
- Disrespect towards Officials and Athletes is PROHIBITED.

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- Park only in designated areas within the parking lots. Vehicles parked on the grass and/or curbsides are subject to ticketing or towing.
- Please bag all trash and otherwise leave the facility in as good condition as when you arrive.

DIRECTIONS & PARKING: Parking is in the Eagle Loop parking lots at Irwin Track and Field Complex, Winthrop University, 1162 Eden Terrace, Rock, Hill, SC 29730. Please follow and obey the signs.

CONTACT:

Name: Steve Mullaney (USATFSC Youth Chair)

E-mail: youth@southcarolina.usatf.org

Name: Matthew Chestnut (Region 4 Coordinator)

Phone: 678.522.8617

E-mail: matthew.chestnut@gmail.com

Florida Youth Chair

Gary Beswick

youth@florida.usatf.org

Georgia Youth Chair

Ken Jones

youth@georgia.usatf.org

South Carolina Youth Chair

Steve Mullaney

youth@southcarolina.usatf.org



South Carolina
Just right.



Nearby Motels in Rock Hill, SC (within 5 miles of the venue)

Hilton Garden Inn Rock Hill
650 Tinsley Way
803.325.2800

Staybridge Suites Rock Hill
493 Galleria Blvd.
803.329.0000

Hampton Inn Rock Hill
2111 Tabor Dr.
803.325.1100

Wingate by Wyndham Rock Hill
760 Galleria Blvd.
803.324.9000

TownePlace Suites by Marriot Rock Hill
2135 Tabor Dr.
803.327.0700

Comfort Suites
1323 Old Springdale Rd.
803.326.3300

Fairfield Inn & Suites by Marriot Rock Hill
578 Galleria Blvd
803.325.2700

Home2 Suites by Hilton Rock Hill
1285 Old Springdale Rd.
803.980.6000

Holiday Inn Rock Hill
503 Galleria Blvd.
803.323.1900

La Quinta Inn & Suites Rock Hill
1235 Springdale Rd.
803.817.7500

Nearby Restaurants in Rock Hill, SC (within 5 miles of venue)

Chili's
630 Tinsley Way
803.980.8334

Moe's Southwest Grill
1910 Cinema Drive
803.980.6637

Panera Bread
526 John Ross Pkwy
803.329.0200

Five Guys
1460 Meeting Blvd.
803.980.5800

Buffalo Wild Wings
1460 Meeting Blvd.
803.328.9464

McAlister's Deli
735 Addison Ave.
803.329.0042

Olive Garden
519 John Ross Pkwy
803.980.0125

Texas Road House
2367 Dave Lyle Blvd.
803.909.7427

Cracker Barrel
2140 Manna Court
803.327.6141

Mellow Mushroom
1940 Cinema Drive
803.329.4743