



# 2019 USATF South Carolina Association Junior Olympic Track & Field Championships



Friday - Sunday, June 21-23, 2019



Winthrop University  
1162 Eden Terrace  
Rock Hill, SC 29730

## AGE DIVISIONS & ELIGIBILITY REQUIREMENTS: Age Divisions



8 & under (born 2011 +)
9 - 10 (born 2009-2010)
11 - 12 (born 2007-2008)
13 - 14 (born 2005-2006)
15 - 16 (born 2003-2004)
17 - 18 (born 2001-2002)
* athletes born in 2000 are also eligible if they do not turn 19 on or before 7/29/2019

**Individuals:** Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & Under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2019 members of USATF in good standing.

**Relay Teams:** Only registered 2019 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit [www.usatf.org/membership](http://www.usatf.org/membership).

### ENTRY PROCESS:

**ONLY ONLINE ENTRIES WILL BE ACCEPTED.**

- Individual Entries: \$8 per event
- Relay Entries: \$32 per relay team
- Decathlon/Heptathlon: \$5 per event
- Triathlon/Pentathlon: \$5 per event

**REGISTRATION:** Club Administrators and Unattached Athletes should register online at <https://www.athletic.net/TrackAndField/meet/373640/register> by **06/16/2019** at **11:59pm**. **Late entries will not be allowed.** Online registration opens **05/21/2019**. **Fees must be paid online by the close of registration.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting, <http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx>.

**NOTE: Multi events will not be contested at the SC Association Championships, however, you must be registered for the SC Association meet in order to be forwarded to the Region 4 Championships.**

**MEMBERSHIP:** Valid 2019 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the membership chair has received (via mail or fax) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license or U.S. government identification). See Rule 300.1 (i) for further explanation.

Membership Chair: **Sheri Lacy**  
For questions, email: [membership@southcarolina.usatf.org](mailto:membership@southcarolina.usatf.org)  
or Phone: 864-520-9417 (USATFSC Secretary)

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**WAIVER:** All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

**RULE 300(h) WAIVER TO COMPETE IN ASSOCIATION OF NON-RESIDENCE:** The application for a rule 300(h) waiver can be found on-line at <https://usatf.wufoo.com/forms/youth-member-rule-300-h-waiver/>. The waiver application process may take up to 30 day to complete.

All Athletes who require a waiver to the Region meet due to ACT/SAT Testing or official business that will prevent them from State competition, must notify the Youth Chair in writing prior to the Association meet. All athletes requiring a waiver must be entered in, and pay entry fees for, the events in which they wish to advance. **ATHLETES MUST BE ENTERED IN THE FIRST ROUND OF COMPETITION IN ORDER TO ADVANCE UNDER ANY CIRCUMSTANCES.**

**AWARDS:** USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division. Ribbons will be awarded to the 4th through 8th place finishers.

**ADVANCEMENTS:** The **top 12** individuals and relay teams in each event of each age division will advance to the USATF Region 4 Championships to be held on **July 04-07, 2019** at **Winthrop University (Rock Hill, SC)**. Advancements must be completed by declaring at <https://www.athletic.net/TrackAndField/meet/373646/info> by **06/30/2019** at **11:59pm EDT** Declaration will open on **06/24/2019** at **12:00am**.

The **National Junior Olympic Championships** will be held from **Monday, July 22<sup>nd</sup>** to **Sunday, July 28<sup>th</sup>** in Sacramento, CA. The **top 5** athletes at the Region 4 Championships will qualify for the National Championships, in combined events the **top 2** athletes will qualify. Information is available at: <http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

**SC ASSOCIATION JO SCHEDULE:** See attached schedule.

**IMPLEMENT WEIGH-IN:** All implements must be weighed in at the designated Implement Weigh In area (located behind the main stands of the track) at least one and a half hours before the start of the field event. Implement check-in will be open Friday 11am until end of meet day and Saturday/Sunday 7am until end of meet ay. Please have your implements checked early.

**EVENT CHECK-IN:** There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in. Calls may or may not be made. If an athlete is in both a field and a track event, he/she must check in at both events, then request to be excused to participate in the running event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area (See map).

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition and on the front on their singlets only. If an athlete loses the bib number, a replacement can be purchased for a fee of **\$5.00** Bib numbers will be distributed to athletes.

Bib numbers will be distributed to designated team coaches (or unattached athletes) at packet pickup, adjacent to ticketing, at the host venue:

Irwin Track and Field Complex, Winthrop University, 1162 Eden Terrace, Rock, Hill, SC 29730

- Friday, **June 21 -- 11am to conclusion of meet day**
- Saturday, **June 22 -- 7:00am to conclusion of meet day**
- Sunday, **June 23 -- 7:00am to conclusion of meet day**

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**EVENT RESULTS:** During competition, event results will be posted (behind the main stands). In addition, event results will be posted at (athletic.net and usatfsc.org). Live results will be on: <http://www.mitchelltiming.com/>.

**PROTESTS:** There will be a \$50 fee for all protests. Protests must be submitted to the Protest Table (at Implement Check-In) at once and not later than 30 minutes after a result has been posted. All protest fees must be paid either in cash or by check. The protest fee will be refunded if the protest is upheld.

**GATE ADMISSION FEES (per person) \***

<u>Ticket Type</u>	<u>Youth (6-12)</u>	<u>General Entry (13-61)</u>	<u>Seniors (62+)</u>
Single Day	\$ 5.00	\$ 8.00	\$ 7.00
2-day pass	\$10.00	\$15.00	\$13.00
3-day pass	\$15.00	\$20.00	\$19.00

\* Children under 5 are free

**RULES – CONDUCT & FACILITY:** Please respect the flagged areas and signs for no tents allowed. **Tents will not be allowed in the stands.** Umbrellas not larger than a golf umbrella (62”) are permitted in the stands. **Only flats or 1/4 inch pyramid spikes allowed for all events at the facility.** **NOTE:** Please respect meet officials as they do their job. If a meet official is yelled at or otherwise treated disrespectfully, the offender may be asked to leave the facility. Some 2019 USATF Competition Rule changes may affect this meet. Please check the USATF-SC website at <http://www.usatf.org/usatf/files/da/daf2d12d-b51c-475c-9b06-4a6b41d81071.pdf> for a list of relevant rule changes.

- Smoking and/or the use of tobacco products in the gated area of the complex is PROHIBITED.
- Alcoholic beverages are PROHIBITED in the complex or parking lots.
- The use of “vaping” devices is prohibited in the gated area of the complex is PROHIBITED.
- Personal coolers or outside food or beverages are PROHIBITED inside gated area.
- Glass containers are PROHIBITED.
- Grilling, or any open fires, is PROHIBITED.
- Littering is PROHIBITED.
- Pets are PROHIBITED inside gated areas and playing fields.
- Food, gum and sunflower seeds are PROHIBITED inside gated area.
- Profanity within the gated area is PROHIBITED.
- Bicycles, skateboards, roller blades or scooters are PROHIBITED in gated areas.
- Climbing on fences, bleachers, trees or railings is PROHIBITED.
- Throwing or hitting balls of any kind into the fences is PROHIBITED.
- Hitting golf balls is PROHIBITED inside the complex.
- Driving stakes into the field is PROHIBITED.
- Weapons are PROHIBITED on the property.
- Trespassing after hours is PROHIBITED.
- Disrespect towards Officials and Athletes is PROHIBITED.
- Park only in designated areas within the parking lots. Vehicles parked on the grass and/or curbsides are subject to ticketing or towing.
- Please bag all trash and otherwise leave the facility in as good condition as when you arrive.

**DIRECTIONS & PARKING:** Parking is in the Eagle Loop parking lots at Irwin Track and Field Complex, Winthrop University, 1162 Eden Terrace, Rock, Hill, SC 29730. Please follow and obey the signs.

**CONTACT:**

**Name:** Steve Mullaney (USATFSC Youth Chair)

**E-mail:** [youth@southcarolina.usatf.org](mailto:youth@southcarolina.usatf.org)

**USATF-SC JO T&F Championship June 21-23, 2019 at Winthrop University, Rock Hill SC**

**Name:** Sheri Lacy (USATFSC Membership Chair)  
**E-mail:** [membership@southcarolina.usatf.org](mailto:membership@southcarolina.usatf.org)

**Nearby Motels in Rock Hill, SC (within 5 miles of the venue)**

Hilton Garden Inn Rock Hill  
650 Tinsley Way  
803.325.2800

Staybridge Suites Rock Hill  
493 Galleria Blvd.  
803.329.0000

Hampton Inn Rock Hill  
2111 Tabor Dr.  
803.325.1100

Wingate by Wyndham Rock Hill  
760 Galleria Blvd.  
803.324.9000

TownePlace Suites by Marriot Rock Hill  
2135 Tabor Dr.  
803.327.0700

Comfort Suites  
1323 Old Springdale Rd.  
803.326.3300

Fairfield Inn & Suites by Marriot Rock Hill  
578 Galleria Blvd  
803.325.2700

Home2 Suites by Hilton Rock Hill  
1285 Old Springdale Rd.  
803.980.6000

Holiday Inn Rock Hill  
503 Galleria Blvd.  
803.323.1900

La Quinta Inn & Suites Rock Hill  
1235 Springdale Rd.  
803.817.7500

**Nearby Restaurants in Rock Hill, SC (within 5 miles of venue)**

Chili's  
630 Tinsley Way  
803.980.8334

Moe's Southwest Grill  
1910 Cinema Drive  
803.980.6637

Panera Bread  
526 John Ross Pkwy  
803.329.0200

Five Guys  
1460 Meeting Blvd.  
803.980.5800

Buffalo Wild Wings  
1460 Meeting Blvd.  
803.328.9464

McAlister's Deli  
735 Addison Ave.  
803.329.0042

Olive Garden  
519 John Ross Pkwy  
803.980.0125

Texas Road House  
2367 Dave Lyle Blvd.  
803.909.7427

Cracker Barrel  
2140 Manna Court  
803.327.6141

Mellow Mushroom  
1940 Cinema Drive  
803.329.4743