

# USATF R4 JO T&F UPDATES



**The Winthrop University Track Facility Will Be Open:**

**7:30am Thursday July 7th**

**7:00am Friday, Saturday and Sunday July 8th, 9th & 10th**

*Please respect the opening times and allow our officials and volunteers to complete their daily setup.*

**Athlete & Spectator Drop off/Parking:** Athlete/Spectator drop-off will be in the parking lot nearest the Terry Softball Fields. (*See the R4JO Venue Map*) Parking is available there and near the Winthrop Coliseum off Eagle Loop Rd. Handicapped parking will be provided on the south side of the stadium and can be accessed from College Lake Rd. This parking lot is limited to Officials and vehicles with current handicapped placards. All other vehicles will be towed.

**Schedule Updates & Remind App:** The final meet schedule is posted on the [usatfsc.org](https://usatfsc.org) website. During the event schedule updates, weather delays and other reminders will be announced in the stadium and sent through the USATF R4JO Remind account.

**How To Join USATF R4JO Remind:** send a text to 81010 with the message @usatfr, or go to <https://www.remind.com/join/usatfr>.

**Weather Awareness:** It will be hot on the track and in the shade. -- *Remember to stay hydrated, use sunscreen and sun protection.* Water will be provided at events and athletes are encouraged to bring a refillable water bottle with them to their events and clerking.

**Volunteers:** *Many hands are needed for the event to run smoothly.*

**Waiver Volunteers** are needed to work 3-4 hour shifts at track or field events, clerking, finish line, hospitality, and packet pickup. Waiver Volunteers will receive free entry for the day they work or all-days entry if they work 2 shifts. They will also receive a Volunteer T-Shirt and snacks. *Inquire at the Main Gate and bring a valid picture ID.*

**3-Step Volunteers** are needed to work full or 1/2 day shifts at awards, hospitality, gate, packet pickup, and/or volunteer sign up. 3-Step Volunteers will receive free entry, a stipend and meals, and must be current on their USATF-SC membership, SafeSport, and Background Screening.

Please go to [usatfsc.org](https://usatfsc.org) to find the application for 3-Step Volunteers.

**Packet Pick-up:** *Packet Pick-Up will be at the Main Gate. (See the R4JO Venue Map)*

**Wednesday** from 2-6pm, only for athletes competing in Thursday's Combined Events.

**Thursday** from 7:30am to end of track day, estimated @ 1:30pm.

**Friday, Saturday, & Sunday** from 7:00am till end of track day.

NOTE: *Only Club Coaches listed on Athletic.net* or designated by the Head Coach will be able to pick-up the Team Packet. Partial Team packets will not be handed out. If needed, email your designee to [office@southcarolina.usatf.org](mailto:office@southcarolina.usatf.org). (An exception will be made for athletes competing on Thursday.)

*Unattached Athletes* or their parents can pick-up their packets.

**Athletes are required to wear their Competition Bib at all times during competition.**

Replacement Bibs can be purchased at the Main Gate for \$5.00.

**Gate Admission:** Entry wristbands will be sold at the Main Gate and may be purchased for General, Youth (6-12 years), and Seniors (62+ years), Children under 5 are free:

**1-Day** - General \$10, Youth \$5, Seniors \$7

**2-Days** - General \$18, Youth \$10, Seniors \$13

**All-Days** - General \$23, Youth \$15, Seniors \$15

**Entry Wristbands:** *Must be worn within the venue and for re-entry.*

Payments may be made with cash, credit card, or contactless options. A service charge of 2.6% will be added for credit card or contactless purchases.

**No Large Bills** - Please present \$20 bills or smaller as there will not be sufficient cash on hand to give change for bills greater than \$50. Entry wristbands must be worn in order to enter and re-enter the venue. Coaches may enter with a valid Coaches Credential (*see below*). Athletes may be in uniform and must have their competition bib for free entry.

**Coaches Credentials:** USATF-SC will provide Coaches Credentials to all USATF Region 4 Coaches listed on the USATF Coaches Registry, as well as any USATF-SC Club Coach who is 3-Step Compliant, (*must have current USATF-SC membership, current SafeSport and current Background Screening*). Coaches Credentials must be worn during the event and will permit free entry into the meet as well as access to Coaching Boxes. *Only Coaches with Credentials will be permitted on the field.* Any Credentialed Coach may also be called upon to assist at the meet in a volunteer capacity.

***Coaches Credential will be available for pickup at the Main Gate with a photo ID.***

**Implement Inspection:** All implements must be checked in at least 1.5 hours before the start of each event. All implements must be marked with a club or personal name, initials or other unique identifier. You are encouraged to check implements the day or afternoon before your event. Please make sure a coach or athlete is present to sign in their implement(s). All checked implements will be held at implement inspection until released for the event. Overnight storage will only be provided for checked implements. *Using an implement that has not been checked-in is grounds for immediate disqualification.*

**Event Check In:** Athletes should be checked in at least 45 min prior to the event's scheduled start time. Field events check in with the Officials at the event location.

Track events check in with the Officials at the at the Clerking Tent.

***Please see the R4JO Venue Map for field event and clerking locations.***

All athletes will be required to remain in the designated warm-up areas after checking in. If an athlete is in both a field and a track event, they must check in at both events, then request to be excused to participate in the running event.

**Meet Results @ <http://www.mitchelltiming.com>**

**Tents:** Are limited to designated areas and can be set-up in Tent City starting Wednesday from 2-6pm. NO TENTS will be permitted on the bleachers or on the far side of the track between the track and the fence. (*See the R4JO Venue Map*)

**Umbrellas in the Bleachers:** not larger than golf size (48") will be permitted. Larger umbrellas are only permitted on the top row.

**Food Vendors:** Several Food Trucks will be on site throughout the meet with a variety of food options.

**Advancement:** The **top 8** athletes in the individual events, the **top 8** relay teams and the **top 2** athletes in the combined events at the Region 4 Championships, will qualify to compete at the USATF Junior Olympic Track & Field Championships July 25th - July 31st in Sacramento, CA. Information regarding National JO's, is available at <http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

**USATF South Carolina** is a Nonprofit Organization run entirely by Volunteers. *Please be respectful and polite to the volunteers and officials who make this meet happen.*

***Best of Luck to all athletes & Thank-you for your support!***